Questions to get you started on the dreaming process:

Before you begin, stop and pray. Ask God to start revealing the dreams that he has for you. Here are some questions to start digging in on those dreams.

1. What things make you smile? (people, activities, events, hobbies, etc.)

2. What has been some of your favorite things to do in the past? What about presently?

3. Are there any activities that you lose total track of time while doing?

4. What would you regret not fully doing, being or having in your life?

5. Who inspires you the most? Look at the quality that they have that inspires you and list them?

6. What is your spiritual gift?

7. If you could teach anything you really wanted to, what would you teach?

8. What are some of the challenges or hardships you've experienced and grown from?

9. What causes are you passionate about?

10. With the talents, passions and values you have how could you contribute to others using your gifts?