

SPRING CLEAN YOUR *Goals*



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1. Spend some time reviewing the goals you set in January. Which goals are on track?
 2. Which goals need a little sprucing up?
 3. The top 3 goals & dreams I want to spring clean are?
 - 1.
 - 2.
 - 3.
 4. What are the benefits to me of reaching these goals in these 3 areas?
 5. Is there anything I need to give up to accomplish these 3 goals?
 6. My actions steps to accomplish these 3 goals are?
 - 1.
 - 2.
 - 3.These will be completed by?
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